

# Seek out

# better and new habits

## 8 SMART CYBERSECURITY HABITS

- Think twice before clicking on links or opening attachments.
- Verify requests for private information.
- Protect your passwords.
- Protect your stuff. Lock it up or take it with you.
- Keep your devices, browsers and apps up to date.
- Back up critical files.
- Delete sensitive information when it's no longer needed.
- If it's suspicious, report it!

Learn more at [security.ucop.edu](https://security.ucop.edu)